

## Evening menu

### Starter

#### TUNA | DUCK LIVER | VEGETABLE DASHI | WILD HERBS

Sushireis | Teriyakisoße | Szechuan Pfeffer  
L | M | F | N

### Soup

#### CHICKEN - COCONUT SOUP

L | M | G

### Main menue of your choice

#### Menu 1: MEAT DISH

PINK FILLET OF BEEF  
Creamy Risotto | Rocket | Tomato  
A | C | O

or

#### Menu 2: FISH DISH

GRILLED COBIA FILLET  
Linguine | Teriyaki | Sesame | Yuzu - Szechuan Vegetables  
G | L | A | C | M | D

or

#### Menu 3: VEGETARIAN DISH

SWEET POTATO CURRY  
Coconut | Chickpeas | Rice  
M | L | A | G | C

### Dessert

#### CHEESE BUFFET

A | C | G | H

### Alternative main menue at no extra charge

\* Wiener Schnitzel | French fries | cranberries  
\* Linguine | Mushrooms | Parmesan  
All other dishes are charged separately

### Alternative soup

Beef soup with carved pancakes or noodles

## Kids menu

### Soup

#### Soup

CHICKEN - COCONUT SOUP

L | M | G

### Main menue

#### Menu 1: MEAT DISH

PINK FILLET OF BEEF  
Creamy Risotto | Rocket | Tomato  
A | C | O

or

#### Menu 2: FISH DISH

GRILLED COBIA FILLET  
Linguine | Teriyaki | Sesame | Yuzu - Szechuan Vegetables  
G | L | A | C | M | D

or

#### Menu 3: VEGETARIAN DISH

SWEET POTATO CURRY  
Coconut | Chickpeas | Rice  
M | L | A | G | C

### Alternatives for children

Timon und Pumba (smal Schnitzel)  
Peppa Wutz (grilled sausage)  
Nemo (fish fingers)  
Kikaninchen (spaghetti bolognaise)  
Micky Maus (spaghetti with tomato sauce)  
Elsa (Nutella pancake)  
Olaf (french fries)

Side dishes:

French fries | Potatoes | Croquettes | Spaetzle | Pasta |  
Rice | Vegetables



# Evening mail from Wednesday, 08 September 2021

Good morning dear guests.








In our morning mail you will find news, offers, events and highlights from the region. Enjoy your best days of the year with us. Have a great day.

Family Feichtner & the whole team



# OBERSCHNARZACH

# Weather

tomorrow	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
						
11° C clear sky	13° C overcast clouds	19° C broken clouds	20° C broken clouds	18° C overcast clouds	19° C light rain	14° C light rain

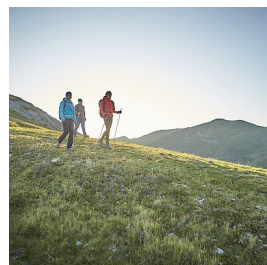
# Something to think about

IMAGINE WHAT’S POSSIBLE ONCE YOU STOP DOUPTING YOURSELF.

# Always up to date

So that you are always up to date and don't miss any offers, follow us on...  
Facebook: /hoteloberschwarzach  
Instagram: /oberschwarzach

# INTERESTING FACTS



## FRIDAY: TALSCHLUSSRUNDE

At 9.45 a.m. the Talschlussrunde starts via the Forsthofalm.  
Comfortable round for young and old.

Minimum number of participants: 3  
Please register in the list :)



**Topinambur**, also known as Jerusalem artichoke, is a very special root vegetable. It tastes wonderfully sweet and nutty and contributes to a healthy gut flora.



Classic **dukkah** is made from cumin, cilantro seeds, sesame, hazel nuts and salt. That results in a nutty taste with earthy depth and a subtle citrus flavour. Cumin and cilantro ensure a broad range of flavours.

# KIDS PROGRAM



Good morning dear children,  
a new day with Lucie and Christina starts :)

At **9:00 a.m.** we start with **pony riding**, whoever wants to may of course also help with cleaning and saddling. Afterwards we feed our little four-legged friends with fresh food and clean the rabbit hutch.

Have you become hungry? At **12.00 o'clock** we will have **lunch** for you in the Heustadl.

## 1:00 pm-3:00 pm BREAK

At **3:00 pm** the ponies are prepared and at **3:30 pm** we start the hike up to our mountain pasture. At the top, a treasure hunt and cheese tasting with homemade farmhouse bread and soft drinks await you.

Back at the hotel, we start at **6:00 p.m.** with **pizza baking** in the Heustadl and afterwards make ourselves comfortable at the children's CINEMA.

Please register at the reception right after breakfast.

Have a great day :)

# YOGA ON FRIDAY



## RELAXATION | YOGA | START INTO THE MORNING

No matter if beginner or expert | old or young - Lucie adapts to the group.

### Program:

Asana (posture)  
Pranayama (breath control)  
Shavasana (relaxation)

**Participation fee:** € 10,00 per person

**START: 7:00-8:15 a.m.**

**Note:** before breakfast and comfortable clothes

Please register TODAY at the reception!

