

## Evening menu

### Starter

#### TUNA | DUCK LIVER | VEGETABLE DASHI | WILD HERBS

Sushireis | Teriyakisoße | Szechuan Pfeffer  
L | M | F | N

### Soup

#### CHICKEN - COCONUT SOUP

L | M | G

### Main menue of your choice

#### Menu 1: MEAT DISH

PINK FILLET OF BEEF  
Creamy Risotto | Rocket | Tomato  
A | C | O

or

#### Menu 2: FISH DISH

GRILLED COBIA FILLET  
Linguine | Teriyaki | Sesame | Yuzu - Szechuan Vegetables  
G | L | A | C | M | D

or

#### Menu 3: VEGETARIAN DISH

SWEET POTATO CURRY  
Coconut | Chickpeas | Rice  
M | L | A | G | C

### Dessert

#### CHEESE BUFFET

A | C | G | H

### Alternative main menue at no extra charge

\* Wiener Schnitzel | French fries | cranberries  
\* Pasta | Mushrooms | Parmesan  
All other dishes are charged separately

### Alternative soup

Beef soup with carved pancakes, noodles ore baked peas

## Kids menu

### Soup

#### Soup

CHICKEN - COCONUT SOUP

L | M | G

### Main menue

#### Menu 1: MEAT DISH

PINK FILLET OF BEEF  
Creamy Risotto | Rocket | Tomato  
A | C | O

or

#### Menu 2: FISH DISH

GRILLED COBIA FILLET  
Linguine | Teriyaki | Sesame | Yuzu - Szechuan Vegetables  
G | L | A | C | M | D

or

#### Menu 3: VEGETARIAN DISH

SWEET POTATO CURRY  
Coconut | Chickpeas | Rice  
M | L | A | G | C

### Alternatives for children

Timon und Pumba (smal Schnitzel)  
Peppa Wutz (grilled sausage)  
Nemo (fish fingers)  
Kikaninchen (spaghetti bolognaise)  
Micky Maus (spaghetti with tomato sauce)  
Elsa (Nutella pancake)  
Olaf (french fries)

Side dishes:

French fries | Potatoes | Croquettes | Spaetzle | Pasta |  
Rice | Vegetables



# Evening mail from Wednesday, 05 April 2023








Good morning dear guests.

In our morning mail you will find news,  
offers, events and highlights from the  
region. Enjoy your best days of the year  
with us. Have a great day.

Family Feichtner & the whole team



# Weather

| tomorrow  | Wednesday   | Thursday  | Friday  | Saturday  | Sunday  | Monday  |
|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |
| 8° C<br>light rain  | 6° C<br>light rain  | 10° C<br>light rain   | 16° C<br>scattered clouds   | 17° C<br>overcast clouds  | 16° C<br>moderate rain  | 17° C<br>light rain   |


# Something to think about


EITHER YOU RUN THE DAY. OR THE DAY RUNS YOU. YOU CHOOSE.


# Always up to date

So that you are always up to date and don't miss any offers, follow us on...  
Facebook: /hoteloberschwarzach  
Instagram: /oberschwarzach

# INTERESTING FACTS

The name alone suggests it: **Romanesco** comes from more southern climes - more precisely, it is at home in the Mediterranean region. Romanesco is on the one hand more aromatic, but on the other hand also more unobtrusive than cauliflower. The longer you cook it, the more clearly the cabbage aroma comes out!

The **perch** is a prized and extremely tasty edible fish. Its white meat is very lean and rich in protein. The perch can be fried whole (with skin and scales), or you can remove the scales and eat it with the tasty skin. You can also peel off the skin completely and fillet the fish. It has many bones, but these are easy to remove after cooking.

**TAMARA'S RECOMMENDATION FOR TONIGHT**  
**CHRISTMAS MULE** € 13,50  
Vodka | Lime juice | Ginger ale | Cranberries | Cinnamon stick | Rosemary

# YOGA ON FRIDAY



On Friday, you will step onto the yoga mats with Lisa and dive into **the world of Hatha Yoga**. You flow into the movements, connect with your breathing and use meditation techniques to feel **inner peace**.

For more **vitality** and **serenity** in daily challenges.

**Details:**  
**Friday at 08:00** in the playroom  
**Minimum number of participants:** 3 Persons  
**Price/unit (75 min.):** €15.00

**Registration:** until 4 pm the day before at the reception

# KIDS PROGRAMM ON THURSDAY



Dear children,

Vivien will be here for you again tomorrow. She has prepared some great crafts and games for you.

Let's start at **1 pm** in the playroom, together with Vivien you will make great **origami figures!**

At **4 pm** you can wrap up warmly - we're going out for **pony rides**. Our two ponies Casanova and Merlin are looking forward to taking you for a ride! If you want, you can help with saddling and grooming.

**From 5 pm till 6 pm Vivien will take a short break** and then be there for you again at **6 pm**, when you will go to the hay barn for dinner together!

Afterwards you can spend some time with Vivien in the playroom!

**Supervision ends at 9 pm!**

**Please register for all activities at the reception!**

Have a great day :)

